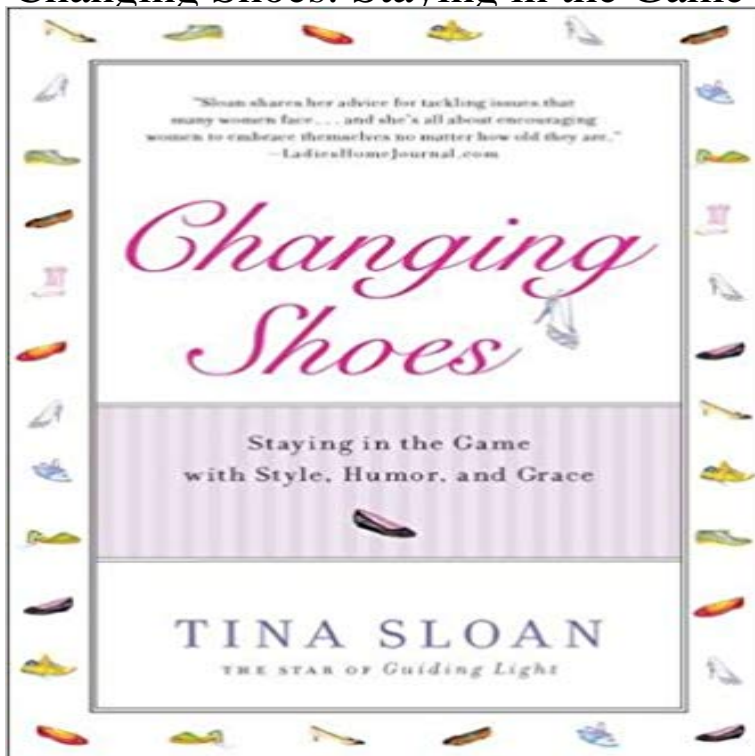


Changing Shoes: Staying in the Game with Style, Humor, and Grace



A beloved daytime TV actress tackles the real-world issues women face at different times of their life through the various shoes (and roles) they wear. You might be wondering what wisdom and life lessons a soap opera actress, dispatched from the land of outrageous and hilarious plots, has to offer. Well, no one knows more about reinvention and perseverance than an actress who began her career as the star of a show-and then became the mother of the star, and then the grandmother of the star-all while raising a son, taking care of her aging parents, and sustaining a happy marriage. In *Changing Shoes*, Tina Sloan tells her story through humorous anecdotes about the shoes she has worn throughout her personal and professional life (from her college-girl pink Capezios to her first pair of Chanel pumps, to her white high heels and fitted nurses uniform, to old sneakers and modern nurses scrubs). Sloan imparts warm, relatable advice to which all women can relate, including looks, love lives and sexuality, careers, families, and sense of self.

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