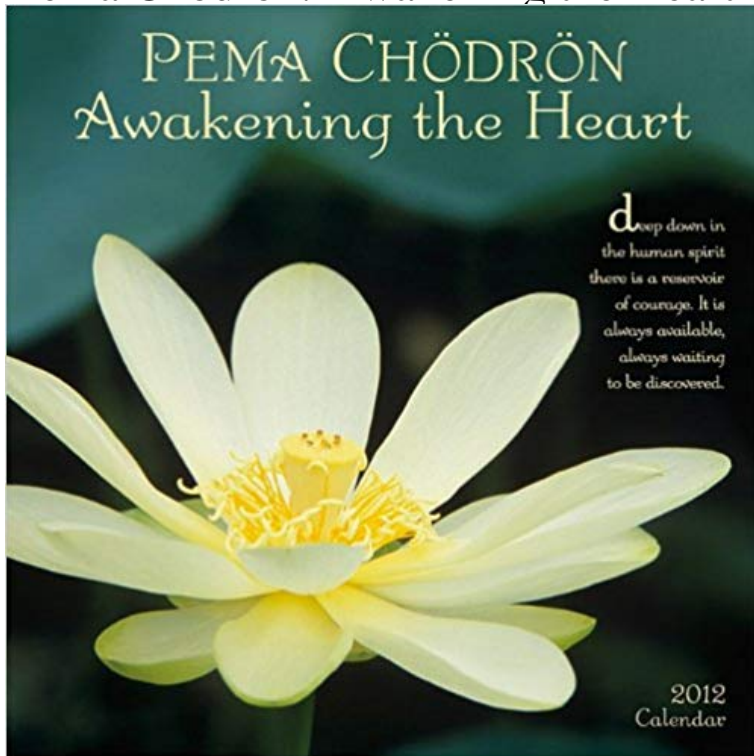


Pema Chodron: Awakening the Heart 2012 Wall Calendar



Best-selling author Pema Chodron is a leading exponent of teachings on meditation and how they apply to everyday life. She is widely known for her charming and down-to-earth interpretation of Tibetan Buddhism for Western audiences. Pema studied under the meditation master Chogyam Trungpa Rinpoche and is the resident teacher at Gampo Abbey in Cape Breton, Nova Scotia, the first Tibetan monastery for Westerners. Pema Chodron: Awakening the Heart 2012 Wall Calendar features quotes from Ms. Chodron's book Taking the Leap, which is designed to help us cultivate compassion, courage and awareness within the challenges of daily life. These insightful quotes are paired with beautifully evocative and meditative nature photography. Ms. Chodron has authored several best-selling books, including Comfortable with Uncertainty, When Things Fall Apart and Start Where You Are. A Pema Chodron 2012 engagement calendar is also available. The interior pages of this calendar are printed on 100% recycled, 50% post-consumer paper, processed chlorine free and printed with soy based inks. In addition to printing our products on recycled paper, Amber Lotus Publishing continues to plant trees and offset our carbon footprint with NativeEnergy.

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