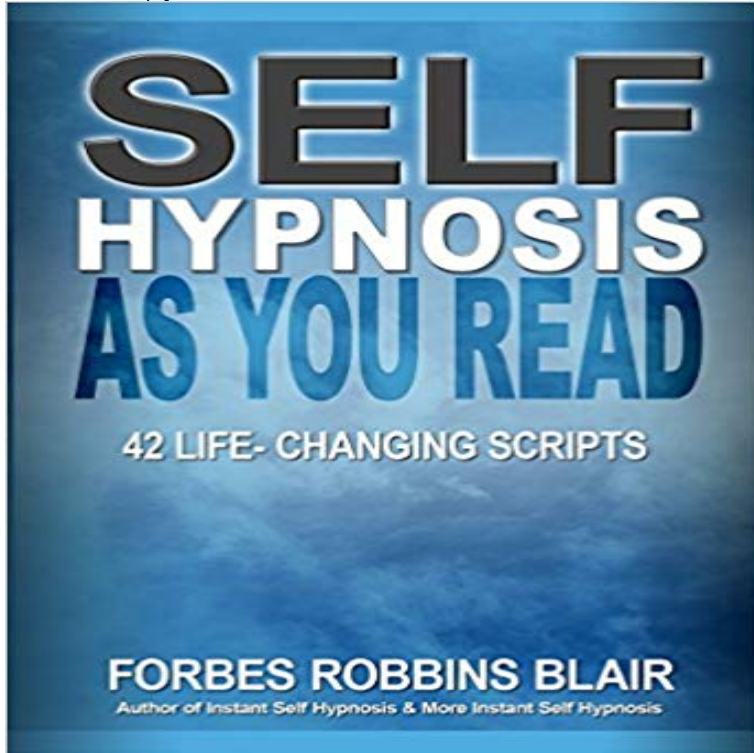


Self Hypnosis As You Read: 42 Life Changing Scripts



Change Your Life As You Read - With Powerful Self-Hypnosis Scripts From A Proven Source! Let Go of the Baby Weight, Get Over Your Ex, Relieve Social Anxiety, Manifest a New Job, Eat Less Chocolate. These are just a few of the of the eyes-open hypnosis scripts included in this amazing volume from Forbes Robbins Blair, the author of the bestselling Instant Self Hypnosis: How to Hypnotize Yourself with Your Eyes Open. This original easy-to-use technique allows you to put yourself into an hypnotic state and improve your life without ever needing to put the book down. You remain aware at all times during your session, and return gently to everyday consciousness. You never memorize or record anything unlike most of the other techniques. 42 Reader-requested Scripts The scripts featured in this book came at the request of readers and fans of Mr. Blair's previous books. This collection includes four hypnotic inductions, advanced techniques, and dozens of scripts you asked for like: Drop the Last Ten Pounds, Money Stress Relief, Fall Back in Love with Your Mate, Approach Hot Women, Expand Your Comfort Zone, Stop Overreacting, Love Your Body As It Is, Fibromyalgia Relief, Feel Fine with Heights, Release Fear of Abandonment, Comfortable Expressing Anger, Eat Less Chocolate, Love Cleaning House, Break Shopping Addiction, Stutter Anxiety Relief, Overcome Blushing ... and many more. Not All Self Hypnosis Scripts Are Equal. Some hypnotism books these days offer free hypnosis scripts, however you have to ask yourself some questions. Who wrote them? Are they professionals who have worked for years in the field? Even more, do the scripts really work? Is the trust factor enough? Forbes Robbins Blair has been a practicing clinical hypnotherapist since 1997. With a long track record of success, he masterfully composes every script to deliver powerful

hypnotic suggestions that get results. These scripts are the real deal! Take Control of Your Life - Now! ...Choose now to change your habits and take charge of your life. With the ease of this breakthrough self-hypnosis method and the power of these one-of-a-kind scripts, your new life changes could be only minutes away! Click the Look Inside feature to learn more.

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